

Quiet Day in Holy Week

Tues 30th March 9:30-3:30pm

A Celtic Lent - A time of Contemplation and Preparation

Quiet day lead by **David Cole** (Brother Cassian)

- www.waymarkministries.com

Contact Skye to reserve a place - vicar@stnicholasmarston.org.uk

Draft outline of the day
(only short parts will be online via Zoom)

9.30am - Introductions
Followed by Teaching session
10.45am - Break
11am - Activity
12noon - Midday prayer
12.20pm - Lunch
1.15pm - Teaching session
2pm - Break
2.15pm - Contemplative activity
3pm - Questions and reflections
3.30pm - Finish



David suggests that everyone who is coming to the day reads *Celtic Lent* over Lent
“The book takes the reader through the 40 days of Lent to the celebration of Easter through the eyes and beliefs of Celtic Christianity. Drawing on primary sources of pastoral letters, monastic rules and the theological teaching of the Celtic church, David presents a different perspective on the cross of Christ and draws us to see our own life journeys with a new and transforming vision.”

