

PAUSE...



Programme for 2026

Sunday's **Pause for Thought**

at St Nicholas Church

Sunday January 11th at 6pm (in the hall)

Our place in the observable Universe

Prof Stephen Smartt (University of Oxford)

Sunday February 8th at 6pm (in the hall)

Contemplation, mindfulness and everyday life

Ginny Ross.

Sunday March 8th at 6pm (in the hall)

Palliative care

Dr Kirsty Durley & Colleagues

Starting at 6pm with refreshments, 40 mins presentation,
and then time for Q&A. All Welcome!

